Book 42

Title: Spending within your means 12/09/2023

BismilLahirRahmaanirRaheem

1. Don’t let anyone, not even yourself, to make you spend out of your means. It is not easy, but those you asscoiate with; whether your children, your wives, your childrens’ mothers. They should respect the boundaries of your means of expenditure. If the barriers are not there, create them yourself. This is especially important as a man living in these times and age- for lack of a better term

“ man up”

Wa Allahu A’lam

AlhamdulilLah wassalaatu wassalaam ‘alaa RasuulilLah

Book 43

Title: Dealing with the side effects og 25mg Risperdal Consta

13/09/2023

BismilLahirRahmaanirRaheem

Matn(Text)

1. Having to deal with the side effects of allopathic medicine is a feat that is so spiritually taxing, but well worth it(spiritually etc.)

I have noticed that the best way to deal with the side effects of Risperdal Consta 25mg(and subsequently any side effects of any allopathic drug), is to completel and full heartedly turn back to The Creator(Allah), in worship and trust; to leave off the creation, and turn all your longing to the Creator, and beg Him to give you a full healing that leaves no illness

Wa Allahu A'lam

AlhamdulilLah wassalaatu wassalaam 'alaa RasuulilLah